

Prayer Diary – January 2026

*Lord, pour your Holy Spirit on Cromer.
Lord, pour your Holy Spirit on the Church.
Lord, pour your Holy Spirit on me. Amen*

Please check the Weekly Update for up-to-date news.

USUAL WEEKLY SERVICES AND EVENTS

Sundays

- 8.45 am Traditional Holy Communion at the Parish Church.
10.30 am Informal service at the Parish Church, with CCKids
Refreshments after both services.

Both Parish Church services will be streamed on the Cromer Church YouTube channel. (Go to YouTube and search for 'Cromer Church')

- 10.30 am Service at St Martin's with refreshments.
6.30 pm The Gathering at the Parish Church

Mondays

- 2.00-5.00pm Free Mustard Seed meals at St Martin's

Tuesdays

Small groups meet in the afternoon and evening.

- 9.30 am CC Toddlers in the Parish Hall (term time)
7.15 pm CC Community Choir rehearsal in St Martin's

Wednesdays

Small groups meet morning, afternoon and evening

- 10.00 am Holy Communion
10.am-12 Cornerstone Café
2.45 pm Open the Book at the Junior School (term time)

Thursdays

Small groups meet afternoon and evening

- 9.00 am Mustard Seed at St Martin's
2.30 pm Meeting Point in the Parish Hall (term time)
2.45 pm Open the Book at the Infant School (fortnightly in term time).

Fridays

- 6.45 pm Choir Practice in the Parish Church
2.00 pm Table tennis group at St Martin's

PRAYER SUGGESTIONS FOR JANUARY

See below for prayer requests from Mission Partners and others

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| Thu 1 | Peace and reconciliation on earth |
| Fri 2 | Mission Partner: London City Mission |
| Sat 3 | Tomorrow's worship and teaching. (Theme: Matthew 2v1-12). |
| Epiphany | Speakers: David Masters (Parish Church), John Chandler (St Martin's) Pray for this month's Mission Partner: Michelle Proctor |
| Sun 4 | Our services, children's groups and youth group. Our church leaders; our children's and youth group leaders |
| Mon 5 | Mission Partner: Bible Society |
| Tue 6 | Victims of slavery and human trafficking |
| Wed 7 | People in hospital |
| Thu 8 | Mission Partner: Good News for Everyone |
| Fri 9 | Our friends and relations who are far away from us |
| Sat 10 | Tomorrow's worship and teaching. (Theme: Matthew 14v1-12 – A courageous prophet and a cruel king). Speakers: Paul Neale (Parish Church), Paul Rosier (St Martin's) Pray for this month's Mission Partner: Michelle Proctor |
| Sun 11 | Our services, children's groups and youth group. Our church leaders; our small group leaders |
| Mon 12 | Mustard Seed |
| Tue 13 | Mission Partner: Teso Development Trust |
| Wed 14 | Our MP Steff Aquarone |
| Thu 15 | Mission Partner: Tearfund |
| Fri 16 | Wildlife in our country and beyond |
| Sat 17 | Tomorrow's worship and teaching. (Theme: Matthew 14v13-21 – A crowd fed). Speakers: Will Warren (Parish Church), Paul Rosier (St Martin's) Pray for this month's Mission Partner: Michelle Proctor |
| Sun 18 | Our services, children's groups and youth group. Our church leaders; national church leaders |
| Mon 19 | Mission Partner: CPAS |
| Tue 20 | Our Mothers' Union |
| Wed 21 | People suffering from dementia |
| Thu 22 | Mission Partner: Mission Without Borders (MWB) |

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| Fri 23 | Open the Book |
| Sat 24 | Tomorrow's worship and teaching. Pray for this month's Mission Partner: Michelle Proctor |
| Sun 25 | Our services, children's groups and our youth group. Our church leaders; other local church leaders |
| Mon 26 | Mission Partner: Canaan Christian Trust |
| Tue 27 | Folk we know whose faith is struggling or has been lost |
| Wed 28 | A sense of moral duty, especially from influential people |
| Thu 29 | People with drug and alcohol problems |
| Fri 30 | Ordinary people caught up in areas of conflict |
| Sat 31 | Tomorrow's worship and teaching. Pray for this month's Mission Partner: Michelle Proctor |

PRAYER REQUEST DETAILS

Michelle Proctor (SIM) (Contact: Tim Britton)

Michelle writes:

- Give thanks that my first few weeks back in the UK have gone well and for somewhere to stay with my sister.
- Pray for God's guidance as I work out with SIM UK what the details of my new role look like.
- Continue to pray for Mukinge Hospital as they care for and witness to patients over Christmas and the New Year.

Teso Development Fund (Contact: Frances Britton)

A few months ago, some areas in Teso, Eastern Uganda, experienced widespread flooding affecting housing, harvests and storage of food crops and the increased risk of malaria. Pray for sufficient and appropriate funding to the communities in greatest need.

London City Mission (Contact: Elizabeth Bridger)

Christmas brings numerous carol services in the many churches and mission centres and schools around London where missionaries are involved and hopefully people finding faith in Jesus as a result.

Christmas is a unique time for Gospel opportunities and we hear that more and more young people are turning to Christ these days. It has been described as a 'Quiet revival'. Praise God, may it continue!

Good News for Everyone (Contact: Jenny Jacquier and Jenny Syder)

This month:

- On 6th December during the afternoon, in church, we were able to offer New Testaments and the new A5 Hope magazines to visitors. Praise God, 51 New Testaments, 17 Hope magazines and several Key Fobs were taken. The Key Fobs had a QR code which contained the Bible that could be downloaded onto a mobile phone.
- £1400 was raised and donated to us so that we could supply all the cast at the Thursford Christmas show with New Testaments with a specially designed Thursford crest on the cover. We pray that all the performers will accept the offer of these scriptures and read them. We are thankful for the encouragement of the Thursford management on encouraging this opportunity.
- Please pray that many will take up the offer of Hope magazines at the Candlelight Carol Service at the Parish Church.
- In Glasgow some weeks ago the local branches gave Testaments and Explore to students at the University “Freshers Fair”. That weekend, one of our members, who is a Street Pastor, was approached by a young man, who said “I was given this Testament a few days ago and I have been reading it, I need to be a Christian, can you please help me?” There in the streets of Glasgow at 2.00 in the morning the member led that young man to the Lord and told him of a good Church to attend! Do we really expect an answer to our work so quickly, or even at all, but our God is a great God, we just must be faithful.

CPAS (Contact: Vivienne Benford)

- Ventures and Falcons Residential Holidays – please continue to pray for the Overall Leaders as they make plans for next year’s holidays, granting them wisdom, insight and provision for 2026.
- Patronage Team – please pray for the appointment of a new Patronage Development Officer to join the team and continue to pray for the team as they work closely with PCCs to appoint new clergy.
- Please give thanks for the generosity of so many in response to “The Big Give” Campaign in December.

Bible Society (Contact: David Anderson)

A light-hearted note for the New Year - At last! The Bible in Jamaican Patwa Karen Roach loved the Bible as a child and studied theology at university. But reading the New Testament in Jamaican Patwa is moving her learning from the head to the heart.

'Wen sumadi av lov iina dem aat, dem kain tu piipl an dem tek taim wid dem. Dem no red yai ar gwaan buosi-buosi ...'(1 Korintiyen 13.4, JNT)

Karen said: 'I love this verse because it clearly shows what love looks like. The Jamaican makes it vivid and relatable.' Please keep praying for Jamaica as the country recovers from disaster.

Give thanks for the work of the Bible Society staff in the UK and at the Swindon centre as they translate, print and distribute God's word to make it accessible in people's heart languages. Pray that this will encourage people who've never thought the Bible was for them to explore it for themselves.

Pray for Roger Sutton who heads Gather, which works with the Bible Society to unite churches in local communities to make a social impact.

Tearfund (Contact: Judith Anderson and Lynda Brown)

Gaza & Israel

Pray on: Please continue to pray for the situation in the Middle East:

- Pray for more aid to come into Gaza, including food, life essentials and medical equipment.
- Pray for those aid workers struggling to bring relief to these people.

Pray for peace & hope

- Thank Tearfund for their encouraging initiative of the Advent "Illuminate Peace" last month.
- Pray for people like Ik Omoigiade from Nigeria who has been working with a peace building team across West Africa.
- Pray for the youth across the DRC, who face the daily temptation to join armed groups for survival. Pray that livelihood programmes will multiply, offering alternatives to young people.
- Healing from trauma for the countless individuals and families who are carrying deep wounds from decades of conflict.

Pray for renewed hope in the new year that God would meet the needs of individuals and communities to bring them out of poverty.

Mission Without Borders (MWB) (Contact: Anne Attfield)

- Praise God that there has been a generous response to the appeal for money for MWB's Christmas love boxes which are filled with food, treats and the gospel message. This year 42,000 boxes have been sent to

families and vulnerable people in need across the poorest countries in Eastern Europe.

- Please continue to pray for the team in the UK office and the family of John Chamberlain, MWB's UK National Director, as they mourn his unexpected death after a heart attack.
- Continue to pray for MWB's work in Ukraine which is now the poorest country in Europe due to the war. Pray for MWB's ministry to refugees, displaced and poor people, which is very challenging but much blessed. Continue to pray for two of MWB's staff members whose brothers have died on the front line.
- Pray for the homeless families in Bulgaria who are part of MWB's 'Street Mercy' project. Pray that God will touch their hearts and make a way for them to get back on their feet again.

Canaan Christian Trust (Contact: Evelyn Smith)

Pray for:

- the return of regular meetings.
- New Year party outreach on Saturday 3 January.
- our monthly lunch on Thursday 22 January, aiming for over 30 attendees this year.
- Pray as we wander through the Bible with favourite stories, linked with pictures for those who cannot read.
- Pray about bookings coming in and completion of repairs to the caravan steps and heating system.

Praise God for His supply of our needs.

Please send prayer requests for February to Katharine Checketts
by **Monday 18th January**